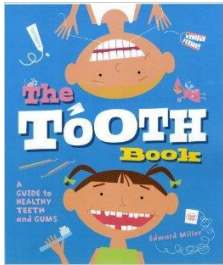
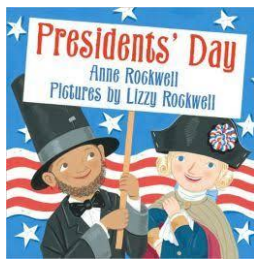


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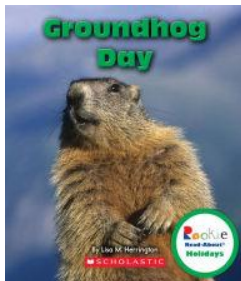
Books: Encourage your families to check out these books at your local library!



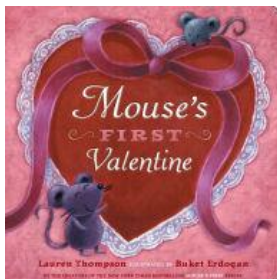
“The Tooth Book: A Guide to Healthy Teeth and Gums” By: Edward Miller



“Presidents' Day” By: Anne Rockwell



“Groundhog Day” By: Lisa Herrington



“Mouse's First Valentine” By: Lauren Thompson

February Lesson Ideas

Groundhog Day:

- Use the two attached activities to introduce Groundhog Day with your students. They can play a shadow matching game and create a groundhog craft.

Presidents' Day:

- <https://www.youtube.com/watch?v=6VQnfNvDbms> for the reading of “Duck for President”.
- Hold a class election for classroom jobs
- Have the students draw/write what they would do if they were President of the United States.

Dental Health:



- Create two Teeth- one happy and one sad. Use magazine pictures of food and drinks. Have the students decide if each is healthy or un-healthy for our teeth.
- Instead of paint brushes, use tooth brushes for the month.
- Have a local dentist come and speak to the kids about keeping healthy teeth. They usually bring free toothbrushes, stickers, etc.